



2017

COMMUNITY BENEFIT
ANNUAL REPORT

RESPECTING
OUR PAST.
PREPARING
FOR OUR FUTURE.



Benefiting residents of Indiana's Benton,
Carroll, Clinton, Fountain, Montgomery,
Tippecanoe, Warren and White counties



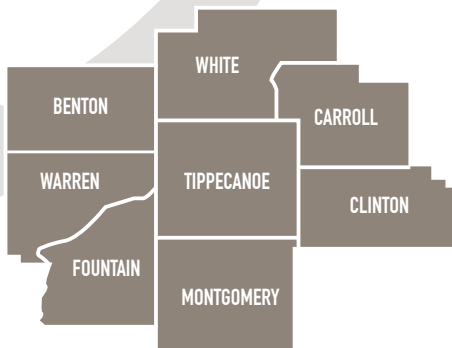
HELPING COMMUNITIES IN EIGHT COUNTIES

NCHS is committed to advancing and providing health care for the benefit of the citizens of Benton, Carroll, Clinton, Fountain, Montgomery, Tippecanoe, Warren and White counties. NCHS operates River Bend Hospital, a nonprofit inpatient psychiatric hospital, licensed and certified by the Indiana FSSA Division of Mental Health and Addiction and accredited by the Joint Commission. NCHS provides financial support, primarily in the form of capital grants, to nonprofit organizations who share our commitment to health and the development of healthy communities. NCHS also initiates strategic partnerships to directly address critical community health needs.

In 2015, NCHS and River Bend Hospital conducted a Community Health Needs Assessment to identify the most critical health care and social issues affecting NCHS service area communities. The resulting report, available at nchsi.com/assessment, provides a guide for determining where grantmaking can make the greatest impact on health and the development of healthy communities. Guided by this assessment, NCHS was privileged to partner with nonprofit organizations this year to support the development of healthy communities for children of all abilities, develop the psychiatry workforce, strengthen coordinated services for families and individuals in housing crises and address other areas of significant need.

Read on to learn more about these innovative projects. Visit our website, nchsi.com, for more information on the grant application process and guidance on whether your project may be a fit for NCHS grantmaking in the year to come.

Cover and back cover photos:
Children climb to new heights at the Clinton County Family YMCA.



CONTINUING OUR CARING TRADITION

FINANCIAL ASSISTANCE

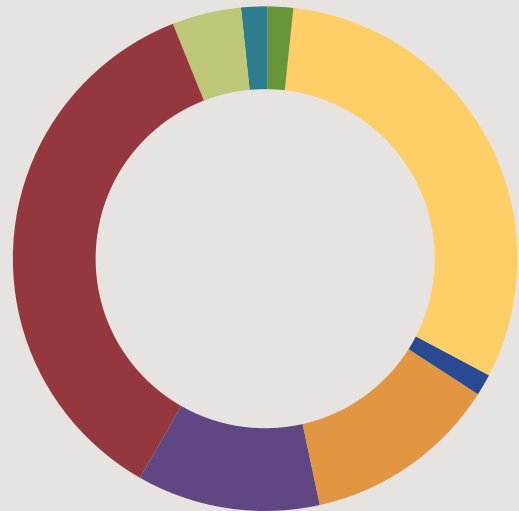
River Bend Hospital serves the mental and behavioral health needs of those requiring inpatient intervention and mental health care regardless of their ability to pay for services.

COMMUNITY BENEFIT SERVICES

NCHS is committed to providing health care and promoting healthy communities for the benefit of its eight-county service area. NCHS provides grants to qualified nonprofits primarily for capital projects and initiates strategic funding partnerships to address directly the most critical community health needs in the NCHS service area. For guidelines and application information, visit the NCHS website at nchsi.com.

2017 COMMUNITY BENEFIT SNAPSHOT

● Financial Assistance	\$ 110,359
● Unreimbursed Costs of Medicaid	\$ 1,884,884
● Community Benefit Operations	\$ 89,989
● Health Professions Education	\$ 780,702
● Cash and In-Kind Contributions	\$ 720,481
● Community Building Activities	\$ 2,150,864
● Bad Debt	\$ 286,656
● Unreimbursed Costs of Medicare	\$ 85,055



6,108,990

DEVELOPING HEALTHY COMMUNITIES

Community Benefit Partnerships to Improve Mental Health Care Access

NCHS initiates strategic partnerships with coalitions, funders, nonprofits and other entities to address directly the most critical community health needs identified by the River Bend Hospital 2015 Community Health Needs Assessment. These NCHS-initiated community benefit partnerships fund the launch, expansion or enhancement of programs and services to improve health outcomes and develop healthy communities.

DEVELOPING THE MENTAL HEALTH CARE WORKFORCE

Local Psychiatry Workforce Shortages

The latest State of Mental Health in America report once again ranks Indiana in the bottom 10 in the nation for the state's lower rates of access to mental health care coupled with a higher prevalence of mental illness. A major contributor

to Indiana's low ranking is the shortage of mental health care providers; this shortage was also among the key community health needs identified by the River Bend Hospital 2015 Community Health Needs Assessment. Currently, every county in the NCHS service area is a federally designated Mental Health Professional Shortage Area.

The greatest proportion of Indiana's mental health professional workforce is trained in social work or clinical social work; the lowest proportion of professionals is found in psychiatry, including psychiatrists and psychiatric-mental health nurse practitioners (PMHNPs). PMHNPs work with individuals, families, groups and communities to develop nursing diagnoses and care plans, implement the nursing process and evaluate it for effectiveness. They assess, diagnose and treat individuals with psychiatric disorders or the potential for such disorders, including the prescription of medication and administration of psychotherapy.



4 “Through this program, we are directly creating a vehicle to fill the need for mental health professionals here at home.”

Susan Kersey, clinical assistant professor

Local Psychiatry Workforce Solutions

NCHS first addressed the psychiatry workforce shortage in 2016 through grant support to establish a new psychiatry residency program at Community Health Network. Later that year, NCHS approached the Purdue University School of Nursing about developing a new PMHNP program. In 2017, NCHS awarded the school a four-year, \$734,383 grant to support curriculum development and launch the program.

“The Purdue School of Nursing psychiatric-mental health nurse practitioner program launch is an excellent example of the partnerships NCHS initiates outside its capital grant program to address directly the most critical health needs in our area,” says Stephanie Long, NCHS president and CEO. “This program has the potential to significantly impact the mental health workforce shortage by nearly doubling the number of PMHNPs trained in Indiana every year.”

The Purdue program will provide three pathways to build the PMHNP workforce in Tippecanoe and the surrounding counties: a 12-month certificate program for current nurse practitioners in another field, a two-year postbaccalaureate nursing degree (BSN) to master’s program and a three-year post-BSN

to Doctor of Nursing Practice (DNP) program. In addition to the core nursing courses, the new PMHNP program will include classes focused on the pharmacology of mental health, therapy modalities and the identification, diagnosis and treatment of mental health conditions. Multiple community providers have expressed support for this program and have agreed to partner with the School of Nursing in providing clinical opportunities for PMHNP students.

“We know that many of our Purdue nursing graduates remain in this area to practice after graduation,” says Susan Kersey, clinical assistant professor and director of the new program. “Through this program, we are directly creating a vehicle to fill the need for mental health professionals here at home.”

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The Purdue University School of Nursing Psychiatric-Mental Health Nurse Practitioner program will enroll its first cohort of students in 2018.



BUILDING HEALTHY COMMUNITIES

Community Benefit Capital Grants to Build Healthy Communities



The Grant's House project will position Wabash Center and its Grant's House partners to launch innovative new programs serving individuals with special needs.

The NCHS community benefit capital grants program responds to unsolicited requests from qualified nonprofit organizations seeking support for capital projects related to health and the development of healthy communities.

HEALTHY COMMUNITIES FOR CHILDREN OF ALL ABILITIES

Expanded Programs for Children with Special Needs

When a nearby medical center announced it would close the doors on its two-story, 44,000-square-foot facility, Wabash Center saw the opportunity it had been waiting for: a home for "Grant's House," a new and expanding program for children with disabilities or special needs.

Founded in 1953, Wabash Center provides a continuum of care for 450 school-age children and adults through education, employment and living support. In recent decades, Wabash Center has observed a shift among its young clients — today, more and more children with special needs are on the path to independent or semi-independent living in adulthood, and they require expanded services to help prepare them for that next step.

Grant's House, named in memory of Wabash Center client Grant House, will provide these services to youth ages five to 22 through after-school and summer programs.

"The focus will be on setting goals, learning life skills, participating in the community and striving for independence and a greater quality of life," says Wabash Center CEO Jason McManus. "We will create an environment centered on individual growth and inclusion. This will be a state-of-the-art facility combining social, educational, behavioral and environmental supports — a place where parents can say, 'My child can flourish here.'"

NCHS awarded \$2,486,368 to help acquire the building and create 14 program spaces, including a sensory room, library and computer lab, art and music facilities, and



a vocational training room for youth preparing for community employment. The building's fully enclosed atrium will house an adaptive playground for fun and healthy physical activities.

"Wabash Center works with a population with specific health needs, providing programs and services aligned with the NCHS grantmaking mission to develop healthy communities," says Stephanie Long, NCHS president and CEO. "NCHS believes the Grant's House project will result in meaningful quality of life outcomes for a significant number of children and young adults in Greater Lafayette, while potentially providing a model for replication in other communities."

Right-Sized Fitness Opportunities for Children

Making fitness fun for children is the drive behind innovative new projects at the Clinton County Family YMCA. Childhood obesity prevention is imperative in Clinton County, where the majority of the adult population is overweight or obese and at greater risk for conditions such as chronic diabetes, hypertension, coronary heart disease and stroke. The local YMCA has responded to the challenge with new ways to help children develop lifelong fitness habits. NCHS awarded \$152,321 in grant funding toward their efforts.

"Not all children who wish to play recreational sports have the opportunity — we want to introduce

The Clinton County Family YMCA's new child fitness center provides right-sized fitness activities for children.

these children to other ways they can be active," says Cindy Beebe, Clinton County Family YMCA director of operations. One such way is through the YMCA's new children's fitness center. The center features a colorful climbing wall and child-sized fitness equipment, including core lateral snowboard machines and cardio star walkers.

The YMCA will also take fitness, nutrition and reading on the road with a former "bookmobile" that has been refurbished for a fitness-focused mission. During the summer months, the YMCA health outreach bus will travel to summer feeding sites each day of the week. Throughout the year, the bus program will participate in community festivals, school health fairs, hospital health fairs, the county fair and other events. Using a loudspeaker system with music just as an ice cream truck would, the YMCA fitness bus is meant to build excitement for and give access to fresh produce deliveries, book exchanges and play equipment for activities led by fitness coaches. If successful, the YMCA's new children's programs could be a model for replication throughout the NCHS service area.

ADVANCING COORDINATED SOLUTIONS TO HOMELESSNESS

Supportive Housing for Individuals

The LTHC Homeless Services supportive housing program provides multi-year housing for men and women who require long-term case management and supportive services due to mental illness, substance use disorder, chronic health challenges, disability and other housing stability barriers. In recent years, the need in Tippecanoe and surrounding counties for supportive housing has outpaced LTHC's capacity. When LTHC, formerly Lafayette Transitional Housing Center, approached NCHS for grant funding to expand the program, more than 50 individuals qualifying for supportive housing remained on the waiting list and were living in emergency shelters, outdoors or in cars or abandoned buildings.

Connections between homelessness in the NCHS service area and related needs for mental health and addictions care were identified in the River Bend Hospital 2015 Community Health Needs

Assessment. LTHC data directly demonstrates this relationship: 60% of supportive housing clients have three or more co-occurring disabling conditions, including serious mental illness, substance use disorder, physical disabilities and chronic health conditions.

LTHC's supportive housing program is an evidenced-based approach to ending the cycle of homelessness for individuals with these significant barriers to housing stability. Research on the impact of supportive housing shows statistically significant resident outcomes including increasing medical appointment attendance, increasing mental health care appointment attendance, decreasing medical inpatient admissions and decreasing emergency room visits. Supportive housing has also been shown to benefit the community as whole, decreasing incidents of domestic violence and arrests.

NCHS chose to award an additional grant of \$225,000 in 2017 to matching funding awarded in 2016 toward the LTHC Homeless Services application for state funding toward the Union Place

project. When the facility opens, Union Place will provide one-bedroom units with a bedroom, closet, kitchenette, private bath and furnishings for supportive housing for single persons and couples without children.

"When we provide housing to those who have the most substantial barriers, and provide them with critical health care services, we see an almost immediate improvement in their lives," says LTHC Homeless Services executive director Jennifer Layton. "This type of impact affects not only the tenant, but also the overall health of our community."

Housing Stability for Families in Transition

Family Promise of Greater Lafayette's mission is to keep homeless families together as a unit, provide them temporary shelter and services and help them achieve sustainable independence. Since the organization was established in Greater Lafayette, a multi-church hospitality model has helped hundreds of families in times of crisis. Now, Family Promise seeks to provide a more stable program model in a dedicated emergency shelter facility.

With the assistance of \$560,000 in grant funding from NCHS, Family Promise is building a 5,845-square-foot center for shelter and case management serving up to five local families at a time in crisis due to homelessness. Family Promise believes the facility will improve services for families by increasing privacy, security and stability; increasing access to public transportation; and increasing access to nearby programs and services. Family Promise also seeks to serve more families by doubling their current housing capacity.

“Being able to spend each day and night in the same facility, with the added privacy of a family bedroom, will be a significant service improvement for children in the midst of housing instability,” says Family Promise executive director Laurie Earnst.

above | The Family Promise shelter will enable the organization to serve up to 50 families every year.

right | Union Place will combine multi-year housing with case management and onsite support services for individuals with significant barriers to housing stability.

“Being able to spend each day and night in the same facility, with the added privacy of a family bedroom, will be a significant service improvement for children in the midst of housing instability,” Laurie Earnst, Family Promise executive director





AWARDING FUNDS TO BENEFIT COMMUNITIES

NCHS COMMUNITY BENEFIT CAPITAL GRANTS

Carroll County Wabash & Erie Canal

Trail Safety Improvements
\$24,999

Clinton County Family YMCA

Children's Fitness Center &
Health Outreach Bus
\$152,321

Family Promise of Greater Lafayette

Emergency Shelter for Families
\$560,000

Half Way Home

Residential Recovery Home
Transportation
\$37,000

Heartford House Child Advocacy Center

Forensic Interview Equipment
\$15,590

Heartland Heritage

Trailhead Park
\$24,900

LTHC Homeless Services

Permanent Supportive Housing
Grant Matching Funds
\$225,000

New Chauncey Housing

Accessibility Improvements
\$3,472

Tippecanoe Arts Federation

NCHS Capital Subgrants to Five
Arts & Culture Organizations
\$305,000

Wells Community Center
Expansion
\$250,000

Wabash Center

Grant's House Acquisition &
Renovation
\$2,486,368

Wabash River

Enhancement Corporation

Wabash River Corridor Master
Plan-Recommended Land
Acquisitions
\$1,084,635

YWCA Greater Lafayette

Advocacy Center Renovations
\$38,160



The first cohort of NCHS Nonprofit Executive Development Initiative scholarship recipients completed their certification in nonprofit executive leadership in 2017.

NCHS-INITIATED COMMUNITY BENEFIT PARTNERSHIPS

Community Foundation of Greater Lafayette

2017 Douglas W. Eberle
Board Governance Series
\$20,000

2017 NCHS Nonprofit Executive
Development Initiative
\$15,000

Community Health Network Foundation

NCHS-Initiated Psychiatry
Education Support
\$286,800

Historic Five Points Fire Station Educational Center, Inc.

Legacy Support for Smoke Alarm
Outreach
\$33,740

Home With Hope

NCHS-Initiated Capacity
Building Support
\$50,000

Indiana Rural Health Association

Annual Conference Scholarships
\$2,940

Mental Health America of Tippecanoe County

NCHS-Initiated Mental Health
Navigator Pilot
\$35,000

Purdue University School of Nursing

NCHS-Initiated Psychiatric-Mental
Health Nurse Practitioner
Program Launch
\$22,510

SHARING OUR RESOURCES

OUR WORK

Governed by a volunteer board of individuals from its eight-county service area, NCHS is a 501(c)(3) organization with a long tradition of providing medical services. NCHS was created in 1984 to serve as the parent company of a family of corporations which included Lafayette Home Hospital, Home Hospital Foundation and Service Frontiers Incorporated. Today, NCHS has a primary responsibility to operate River Bend Hospital, a nonprofit inpatient psychiatric hospital licensed and certified by the Indiana FSSA Division of Mental Health and Addiction and accredited by the Joint Commission.

NCHS provides grants to qualified nonprofits primarily for capital projects and initiates strategic funding partnerships to address directly the most critical community health needs in Benton, Carroll, Clinton, Fountain, Montgomery, Tippecanoe, Warren and White counties in Indiana.

OUR MISSION

We are committed to continuing the traditions of NCHS in advancing and providing health care for the benefit of residents in our eight-county service area. NCHS promotes healthy communities for all area residents by supporting technological and scientific advancement, education and quality-of-life and humanitarian services.

OUR RESPONSIBILITIES

The primary responsibilities of NCHS are to operate River Bend Hospital, a nonprofit inpatient psychiatric hospital licensed and certified by the Indiana FSSA Division of Mental Health and Addiction and accredited by the Joint Commission, and to support certain activities of qualified local agencies and organizations through financial grants.

NCHS operates River Bend Hospital in West Lafayette, a nonprofit psychiatric inpatient health care facility.



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